

# SWIM ATLANTA

1152 Auburn Road  
 Building 4  
 Dacula, GA 30019  
 678-889-2039  
 CALL TODAY!

## SwimAtlanta-HamiltonMill Swim School

### Level Descriptions

<p><b><u>Infant &amp; Toddler ( 6 months - 3 years )</u></b>                  Introduction to swimming.                  Parent &amp; child participate in water adjustment &amp; motor skills.</p>
<p><b><u>Preschool 1 (3 years - 5 years)</u></b>                  Beginner level with introduction to swimming. This level will focus on motor skills, face in the water, blowing bubbles, holding breath, going underwater &amp; jumping in the pool, unassisted.</p>
<p><b><u>Preschool 2 (3 years - 5 years)</u></b>                  For children who are comfortable, confident and already going underwater unassisted and holding their breath. This level will focus on teaching unassisted swimming for 5 - 10 ft.</p>
<p><b><u>Preschool 3 (3 years - 5 years)</u></b>                  For children who can already swim 5 - 10 ft. unassisted. This level will focus on beginner's freestyle, arm recovery and intro to backstroke.</p>
<p><b><u>Preschool 4 (3 years - 5 years)</u></b>                  For children who swim 20 ft. unassisted with independent breathing &amp; a beginner's freestyle. This level focuses on increasing swimming distance to 25 yds., rotary breathing &amp; backstroke.</p>
<p><b><u>Grade School 1 (6 years - 12 years)</u></b>                  Introduction to swimming for non-swimmers and those who swim less than 15yds. This level will focus on teaching a modified freestyle with face in, and arm recovery over the water.</p>
<p><b><u>Grade School 2 (6 years - 12 years)</u></b>                  For those who swim 15 yds. or more unassisted. This level focuses on teaching side breathing &amp; backstroke techniques &amp; swimming a distance of 25 yds.</p>
<p><b><u>Grade School 3 (6 years - 12 years)</u></b>                  For those who can correctly swim freestyle &amp; backstroke for 25 yds. This level will focus on endurance building techniques &amp; diving.</p>
<p><b><u>Pre-Competitive 1 (6 years - 12 years)</u></b>                  For students who have good skills and endurance in freestyle &amp; backstroke. This level will teach butterfly &amp; breaststroke.</p>
<p><b><u>Pre-Competitive 2 (PC2)</u></b>                  For students who can swim all four strokes proficiently. This level will focus on beginner's competitive techniques &amp; maintaining skills.</p>
<p><b><u>Adult Beginner (13 years - Adults)</u></b>                  For those who wish to learn to swim. This is a beginners level that will focus on teaching unassisted swimming with a modified stroke.</p>
<p><b><u>Adult Stoke Clinic (13 years - Adults)</u></b>                  For those who can already swim at least 25 yards unassisted. This level will focus on improving upon strokes, techniques &amp; distance.</p>

## SUMMER Schedule 2013

1152 Auburn Road  
 Building 4  
 Dacula, GA 30019  
 678-889-2039  
 (Conveniently located next to Jack City Sports Center)

# SWIM ATLANTA

### OFFICE & STORE HOURS

Monday-Thursday  
 9:00AM-7:00PM  
 Friday  
 9:00AM-5:00PM  
 Saturday  
 9:00AM-3:00PM  
 Sunday  
 1:00PM-5:00PM

- 1.View the level descriptions and choose the best option for the student. Level evaluations are available, upon request.
- 2.Summer Sessions are listed on the 2nd page of the schedule. Summer classes meet for a week, or just once a week on Saturdays and Sundays. All classes are 40 minutes long.
- 3.Children's beginner levels (PS1),(PS2),(GS1) are limited to 4 students. All other levels are limited to 6 students.
- 4.SwimAtlanta conducts registration in person or over the phone, and accepts Visa, Master Card, Discover, Check and Cash. SwimAtlanta encourages customers to register early to guarantee a space. Changes and cancelations are allowed, without penalty, if made two days prior to the session's starting day.

**Kick Off Summer Session**  
 40 Minute Classes/One Week/Four Days in a Row  
 Monday, Tuesday, Wednesday & Thursday  
**May 20-May 23**  
**\$88.00 first family member and \$79.20 for any other immediate family member.**  
**This Session Produces Fast Results!**

**Summer Weekday Sessions**  
 40 Minute Classes/5 Days a Week/1 Week Monday-Friday  
 Session Price: \$109.75 for the first family member and \$98.80 for any additional family members.

**Session Dates:**  
 1. May 28– May 31 (No Class Memorial Day \$21.95 off)      2. June 3- June 7  
 3. June 10-June 14      4. June 17-June 21  
 5. June 24-June 28      6. July 1-July 5 (No Class July 4th \$21.95 off)  
 7. July 8-July 12      8. July 15-July 19  
 9. July 22-July 26      10. July 29-August 2

Level	Times the level is offered (Pick one time for the whole session)
INF/TOT	8:15AM
PS1	9:00AM, 9:50AM, 11:30AM, 12:20PM, 5:00PM
PS2	9:00AM, 9:50AM, 11:30AM, 2:00PM, 3:30PM, 6:00PM
PS3	10:40AM, 12:20PM, 4:15PM, 6:50PM
PS4	1:00PM
GS1	3:30PM, 4:15PM, 5:00PM, 6:00PM, 6:50PM
GS2	4:15PM, 5:00PM
GS3	3:30PM, 6:00PM
PC1	4:15PM, 6:50PM
PC2	7:30PM
AB	7:30PM
ASC	NOT OFFERED

Level	Times the level is offered (Pick one time for the whole session)
INF/TOT	8:50AM
PS1	9:40AM, 12:10PM, 1:50PM, 4:20PM, 6:00PM
PS2	9:40AM, 11:20AM, 1:00PM, 2:40PM, 4:20PM, 5:10PM, 6:50PM
PS3	10:30AM, 11:20AM, 2:40PM, 5:10PM, 6:50PM
PS4	8:50AM, 1:00PM
GS1	8:00AM, 10:30AM, 12:10PM, 1:50PM, 3:30PM, 6:00PM
GS2	8:50AM, 9:40AM, 12:10PM, 2:40PM, 4:20PM, 6:00PM
GS3	10:30AM, 1:00PM, 3:30PM, 5:10PM, 7:40PM
PC1	8:00AM, 11:20AM, 1:50PM, 7:40PM
PC2	3:30PM, 6:50PM
AB	7:40PM
ASC	7:40PM

**Saturday Session**  
 40 Minute Classes/One day week/Five weeks in a session  
**Session Price:**  
**\$109.75 first family member and \$98.80 for any other immediate family member.**  
**Session Dates:**  
 June 1– June 29  
 July 6– August 3

**Sunday Session**  
 40 Minute Classes/One day week/ Four weeks in a session  
**Session Price:**  
**\$109.75 first family member and \$97.80 for any other immediate family member.**  
**Session Dates:**  
 June 2– June 30  
 July 7– August 4

**OFFICE & STORE HOURS**  
 Monday-Thursday  
 9:00AM-7:00PM  
 Friday  
 9:00AM-5:00PM  
 Saturday  
 9:00AM-3:00PM  
 Sunday  
 1:00PM-5:00PM

**LAP SWIM HOURS**  
 Monday & Wednesday  
 9:00AM-2:00PM  
 Tuesday  
 11:00PM-2:00PM  
 Thursday  
 12:00PM-7:00PM  
 Saturday  
 12:00PM-3:00PM  
 Sunday  
 1:00PM-5:00PM

Level	Times the level is offered (Pick one time for the whole session)
INF/TOT	9:00AM
PS1	10:40AM, 12:30PM
PS2	9:50AM, 11:45AM
PS3	10:40AM, 1:20PM
PS4	12:30PM
GS1	9:50AM, 11:45AM
GS2	9:00PM, 10:40AM, 1:20PM
GS3	9:50AM
PC1	12:30PM
PC2	2:00PM
AB	8:00AM
ASC	2:00PM

Level	Times the level is offered (Pick one time for the whole session)
INF/TOT	4:20PM
PS1	1:00PM, 2:40PM
PS2	1:50PM, 3:30PM
PS3	1:50PM
PS4	4:20PM
GS1	1:00PM, 2:40PM
GS2	1:50PM, 3:30PM
GS3	3:30PM
PC1	2:40PM
PC2	1:00PM
AB	5:10PM
ASC	5:10PM